



## Information Sheet

27<sup>th</sup> January 2023

Dear Parents and Carers

### House captains

Our house captain elections for Year 5 and 6 will take place on Friday the 10<sup>th</sup> of February. If you have a child in Year 5 or 6, please encourage them to stand for election and write a short speech, as we believe everyone has something to give.

### Absence

Please see the attached information for details on what illnesses we authorise, such as sickness and vomiting, and which we do not, such as a sore throat.

### Fabric – a message from Mrs. Billings

Socrates class will be creating clothing using their newly developed sewing skills. If you have any cloth fabric or material that you would be willing to donate, please bring this to the school office on Monday. Thank you.

### Recycling – a message from Mr. Lamb

This term, Plato will be looking at and making art from recycled materials. Please could any clean recycling (any cardboard, magazines/newspapers, plastic bottles with lids and any other plastic (including soft plastics)) be brought into school. If these could come in by Wednesday 1<sup>st</sup> March, that would be fantastic. Thank you for the items brought in so far!

### Parent consultations

Appointments will be sent out before half term for our consultations on Tuesday 21<sup>st</sup> and Wednesday 22<sup>nd</sup> of February. It is not too late to request an appointment: please speak to the school office.

### Thinking Day – Girl Guiding and Scouting

Each year on 22<sup>nd</sup> February, members of the Girl Guide and Scout movements celebrate World Thinking Day. It's a day when they think of each other and give thanks and appreciation for the international friendships. One of the traditions of Thinking Day is that members of the Guiding and Scouting movements wear their uniforms to school to show others that they are part of the movement.

As such, pupils who attend Cubs, Scouts, Brownies or Guides are all welcome to wear their uniforms to school on this day, instead of their usual school uniform.

### WOW! Travel Badges

Please see the attached information about a design competition being run. We know how much many of our children value their badges, and think quite a few would like to join in! Mr. Lamb will send home the design sheets shortly.



## School Uniform

Please make sure all clothing is clearly labelled so that we can quickly and efficiently return misplaced clothing to the right person.

[www.yourschoolwear.co.uk/mistley-norman-primary-school-201-c.asp](http://www.yourschoolwear.co.uk/mistley-norman-primary-school-201-c.asp)

# Golden Awards

<b>Aristotle</b>	<b>Leah</b>	For the courage she has shown when learning lots of new approaches to her learning.
<b>Plato</b>	<b>Dylan</b>	For settling in to him new class well and trying his hardest in all lessons
<b>Socrates</b>	<b>Amy-Rose</b>	For recently pushing herself in her writing and using challenging vocabulary and punctuation.
<b>Aristotle</b>	<b>Dexter</b>	For using great scientific vocabulary to explain his finds in our investigation.
<b>Plato</b>	<b>Freddie</b>	For his positive attitude to his learning and his willingness to challenge himself in maths.
<b>Socrates</b>	<b>Thomas</b>	For outstanding effort in PE and for being our ‘super tagger!’.

# NHS

**There are government guidelines for schools and nurseries that say when children should be kept off school and when they shouldn't.**

If you do keep your child at home, it's important to phone the school or nursery on the first day. Let them know that they won't be in and give them the reason.

If your child is well enough to go to school but has an infection that could be passed on, such as a cold sore or head lice, let their teacher know.

**Coughs and Colds**— It's fine to send your child to school with a minor cough or common cold.

See a GP if the cough is very bad or quickly gets worse – for example, a hacking cough or cannot stop coughing or if you're concerned about your child's other symptoms.

**High temperature**—A high temperature is 38C or more. If your child has a high temperature, keep them off school until it goes away.

**Chickenpox**—If your child has chickenpox, keep them off school until all the spots have crusted over.

This is usually about 5 days after the spots first appeared.

**Cold sores**—There's no need to keep your child off school if they have a cold sore.

Encourage them not to touch the blister or kiss anyone while they have the cold sore, or to share things like cups and towels.

**Conjunctivitis**—You don't need to keep your child away from school if they have conjunctivitis.

Get advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.

**Coronavirus (COVID-19)** - If they have mild symptoms and they feel well enough, they can still go to school. Your child should try to stay at home and avoid contact with other people if they either:

- have a high temperature
- do not feel well enough to go to school or do their normal activities

**Head lice and nits**—There's no need to keep your child off school if they have head lice.

You can treat head lice and nits without seeing a GP.

**Sore throat**—You can still send your child to school if they have a sore throat.

See a GP if the sore throat does not improve after a week or your child often get sore throats.

**Vomiting and diarrhoea**—diarrhoea is defined as the passage of three or more loose or liquid stools per day. Children with diarrhoea or vomiting should stay away from school for 2 days after their symptoms have gone.


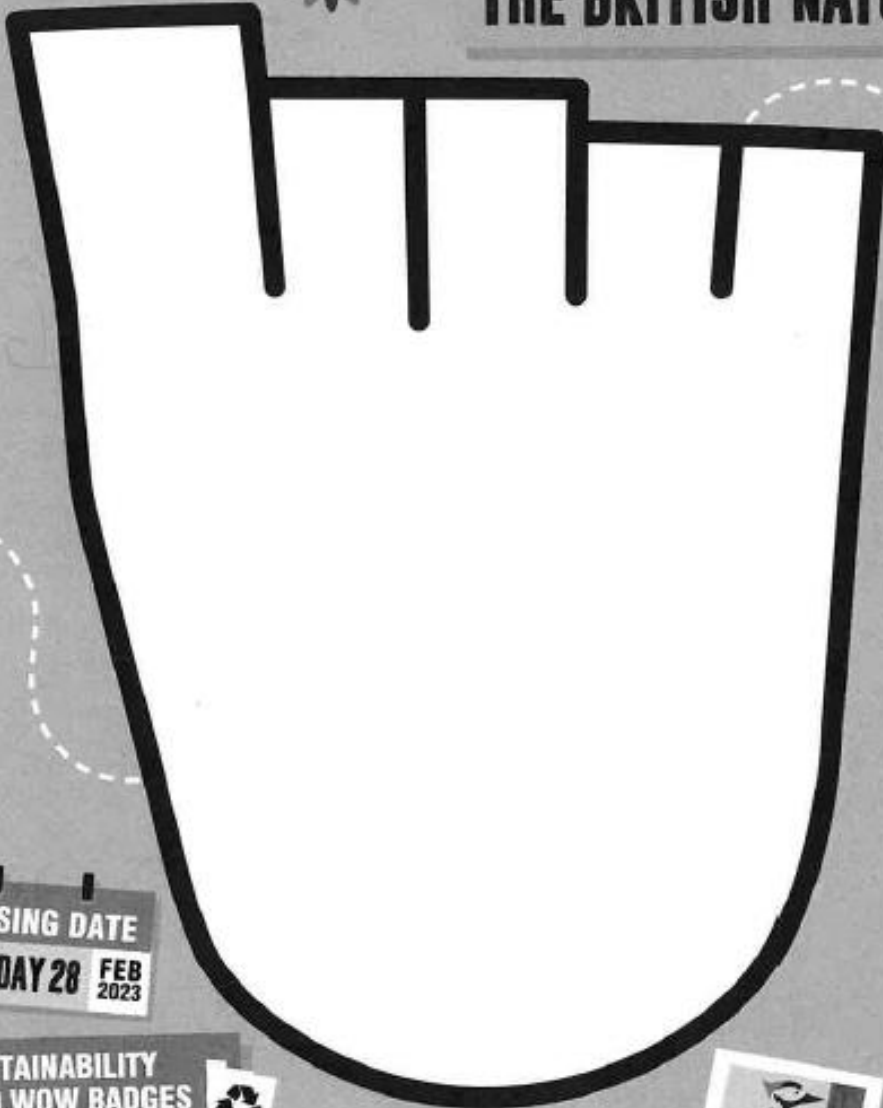
For further advice visit <https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/> or call 111 or your GP surgery.

**Living Streets** LET'S WALK TO SCHOOL

**Badge design competition 2023**

# WOW – the walk to school challenge

## THE BRITISH NATURE WALK



**WHAT WILL YOU DISCOVER?**  
This year's WOW badge design competition aims to bring you closer to the nature found across Britain!

**WHAT SHOULD YOU DRAW?**  
Whether you live in an urban or rural area, nature is all around you. Go on an adventure outside your home and find out what nature has to offer in your local area and draw it. You can also draw a special memory of nature from a recent holiday around Britain or from a different season.

**EXAMPLES MAY INCLUDE:**


- Animals or insects e.g., squirrel, red deer, frog, Highland cow, dragonfly, stag beetle
- Lakes, rivers, canals or coastlines e.g., Lake Windermere, River Severn, Monkland Canal
- Vibrant flowers or mighty trees e.g., bluebells, daffodils, English oak tree
- Rolling hills or awe-inspiring views e.g. Snowdonia, Cheddar Gorge

**Wherever your British Nature Walk takes you, draw it!**

**CLOSING DATE**  
**TUESDAY 28 FEB 2023**

**SUSTAINABILITY AND WOW BADGES**

Our WOW badges are made in the UK from recycled plastic material, including old fridge trays, plastic plates and off-cuts of yoghurt pot material. Find out more: [livingstreets.org.uk/recycling](http://livingstreets.org.uk/recycling)







## PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING FEBRUARY HALF TERM 2023

COURTESY OF MONEY SAVING CENTRAL



### **ASDA CAFE**

Kids eat for £1 all day, every day with no adult spend until the end of March 2023

### **HUNGRY HORSE**

Kids eat for £1 on Mondays. Then Tuesday to Friday between 3 – 5pm selected Kids' meals are £1 & larger meals are £1.50.

### **PAUSA CAFE @ DUNELM**

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

### **WHITBREAD INNS**

Two kids under 16 eat for FREE with every adult breakfast purchased

### **ANGUS STEAKHOUSE**

One free children's meal per paid adult meal 12-5pm daily throughout the holidays

### **TABLE TABLE**

Two children under 16 can get a free breakfast every day with one paying adult!

### **THE REAL GREEK**

Kids eat FREE every Sunday for every £10 spent by an adult

### **SIZZLING PUBS**

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

### **BEEFEATER & BREWERS FAYRE**

Two children under 16 can get a free breakfast every day with one paying adult!

### **MORRISONS**

Spend £4.99 & get one free kids meal all day, every day.

### **PRETO**

Kids up to age 10 eat free all day, every day with paying adults at Preto during Half Terms

### **BELLA ITALIA**

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

### **YO! SUSHI**

From February half term, kids eat free all day at YO! Sushi with any adult £10 spend

### **SA BRAINS PUBS**

Children can eat for £1 with any adult main. Valid All Day Wednesdays

### **FUTURE INNS**

Under 12's eat for free with any adult meal. During the school holidays

### **IKEA**

Kids get a meal for 95p or £1.50 from 11am - All day, every day.

### **FARMHOUSE INNS**

Kids eat for £1 is currently on until Jan 31st but expected to be extended

### **TESCO CAFES**

Likely but not yet announced